

AJCC Kids' University Class Schedule January/February 2017

Child's Name _____

Please circle **ONE KU Enrichment** class **per day** at **no charge**. Classes will close when full. Please return to Julie Erno **ASAP** by emailing your class selection to jerno@alpertjcc.org or fax it to (562)424-3915. If you are signing up for any **AJCC Youth Programs**, please submit registration forms to the PE Desk.

If forms are not returned, your child will be placed in an open KU Enrichment class.

Monday	Tuesday	Wednesday	Thursday	Friday
KU ENRICHMENT CLASSES (4pm –5pm)				
Extended HW/Reading Supervision	Extended HW/Reading Supervision	Extended HW/Reading Supervision	Extended HW/Reading Supervision	
Rock your Ruach w/ Shlomit	Art through the Ages	Space Exploration	Gym or Board games	Shabbat Club
Creative Spirit <i>K & 1st Grade</i>	Soccer <i>K & 1st Grade</i>	GaGa <i>K & 1st Grade</i>	Music & Rhythm	Wii /Xbox Kinect
GaGa <i>2nd Grade & Up</i>	Creative Spirit <i>2nd Grade & Up</i>	Soccer <i>2nd Grade & Up</i>		Games in the Gym
AJCC YOUTH PROGRAMS (see registration forms for prices)*				
	Play Sports 3:00-3:45 pm Ages 4-6	Martial Arts 3:45-4:45 pm Ages 6-12		
	Play Sports 4:00-4:45 pm Ages 7-10	Martial Arts 4:45-5:45 pm Ages 6-12	Martial Arts 3:00-4:00 pm Ages 3-12	
	Prep Swim Team T & Th, 4:30-5:15 pm		Prep Swim Team T & Th, 4:30-5:15 pm	For group and private swim lessons, contact Aquatics at (562)426- 7601x 1035 or the PE Desk at ext.1051
Youth Swim Team M,W, 5-6:00 pm T,TH,F, 4:30-5:30 pm	Youth Swim Team M,W, 5-6:00 pm T,TH,F, 4:30-5:30 pm	Youth Swim Team M,W, 5-6:00 pm T,TH,F, 4:30-5:30 pm	Youth Swim Team M,W, 5-6:00 pm T,TH,F, 4:30-5:30 pm	Youth Swim Team M,W, 5-6:00 pm T,TH,F, 4:30-5:30 pm

*We transport!

Class Descriptions on Back

Class Descriptions

Art through the Ages: Every week we will focus on a new artist then create our very own works of art in the style of the featured artist.

Creative Spirit: Creative spirit is a fun way to play group games and build a supportive community. Creative spirit focuses on the people playing and most importantly that they are having fun! It promotes safe and cooperative play.

Extended HW/Reading Supervision: Extra time for your child to complete HW with staff supervision and assistance.

GaGa: Also known as Israeli dodge ball and is one of the favorite activities for kids here at the JCC. We will learn and improve on skills and techniques to help each child become a GaGa Champion.

Martial Arts with Sensei Mac: Martial Arts training builds confidence and self-esteem while teaching self-discipline, respect, concentration and courtesy.

Music & Rhythm: Each week kids will get to learn through music and explore their creative sides.

Prep-Swim Team: The perfect stepping stone to the more advanced Competitive Youth Swim Team. The goal of the program is to get kids ready for a swim team, Junior Lifeguard programs and/or water polo. Free Style, back stroke, butterfly and breast stroke are all taught and refined. Flip turns are introduced as well as dives and streamlined push-offs from the wall. Participants must be able to swim 25 yards freestyle with side breathing to qualify for Prep Team.

Rock your Ruach w/ Shlomit: We'll celebrate each week learning about different Jewish holidays and culture through stories, songs, crafts and more! Led by Shlomit Jackson, AJCC's Jewish Educator.

Shabbat Club: Crafts, cooking, story time, and other fun activities to celebrate Shabbat and Jewish holidays.

Soccer: Skills, drills & games! Each week children will learn and improve their skills which will culminate with scrimmages.

Space Exploration: Each week the children will explore different aspects of Space, from our home planet to the stars and beyond!

Wii / Xbox Kinect: We'll exercise while having fun with all that Wii and Xbox Kinect has to offer!

Youth Swim Team: This is a competitive swim team, so all participants must tryout and be able to swim 25 yards with all 4 swim strokes. Membership in USA Swimming is required to compete in swim meets. Swim meet participation is optional, as swim meets have an added cost.