

AJCC Kids' University Class Schedule November/December 2017

Child's Name _____

Please circle **ONE KU Enrichment** class **per day** at **no charge**. Classes will close when full. Please return to Brandon Julian **ASAP** by emailing your class selection to bjulian@alpertjcc.org or fax it to (562)424-3915. If you are signing up for any **AJCC Youth Programs**, please submit registration forms to the PE Desk. If forms are not returned, your child will be placed in an open KU Enrichment class. **Classes start 11/6/17.**

Monday	Tuesday	Wednesday	Thursday	Friday
KU ENRICHMENT CLASSES (4pm –5pm)				
Reading & Writing Club	Reading & Writing Club	Reading & Writing Club	Reading & Writing Club	
Rock your Ruach w/ Shlomit	Origami	Flashback to Camp w/ Dana	World Music	Shabbat Club
Basketball K & 1st Grade	Team Games K & 1st Grade	GaGa K & 1st Grade	Gym	Wii /Xbox Kinect
Team Games 2nd Grade & Up	GaGa 2nd Grade & Up	Basketball 2nd Grade & Up	Board Games	Games in the Gym
AJCC YOUTH PROGRAMS (see registration forms for prices)*				
	Play Sports 3:00-3:45 pm Ages 4-6	Martial Arts 3:45-4:45 pm Ages 6-12	Martial Arts 3:00-4:00 pm Ages 3-12	
	Play Sports 4:00-4:45 pm Ages 7-10	Martial Arts 4:45-5:45 pm Ages 6-12	Prep Swim Team T & Th, 4:30-5:30pm Group lessons 4:30-6:30	
<i>Water polo 3pm-3:45pm Group lessons 4:30-6:30</i>	Prep Swim Team T & Th, 4:30-5:30 pm Group lessons 4:30-6:30	<i>Water polo 3pm-3:45pm Group lessons 4:30-6:30</i>	Advanced-Beginner Chess 3:00-4:00 pm Ages 5-12	For group and private swim lessons, contact Aquatics at (562)426-7601x 1035 or the PE Desk at ext.1051

*We transport!

Class Descriptions on Back

Class Descriptions

Basketball: Skills, drills & games!

Team Games: Team games are games that require two teams competing against each other. This teaches the kids to build a supportive community within their own team or group by working together. It also promotes safe and organized play.

Flashback to Camp w/ Dana: Get a taste of summer camp during the school year! Our camp director Dana will lead different types of camp programs. From arts and crafts to games and music. We will explore all of our favorite summer camp activities.

GaGa: Also known as Israeli dodge ball. GaGa is a favorite to many of the kids here at the JCC. We will learn and improve on skills and techniques to help each child become a GaGa Champion.

Chess Club: Learn about basic tactical moves and get an introduction to opening principles and common mistakes and basic traps.

Martial Arts with Sensei Mac: Martial Arts training builds confidence and self-esteem while teaching self-discipline, respect, concentration and courtesy.

Origami: Mr. Dominic will teach the kids the basic techniques of the paper– folding art derived from Japanese culture, known as origami, leading into a project involving one thousand paper cranes.

Play Sports: Sports fundamentals for soccer, basketball, tennis, hockey, volleyball and golf! Children learn to follow directions, express themselves verbally with respect, wait their turn and interact properly with their friends.

Prep-Swim Team: The perfect stepping stone to the more advanced Competitive Youth Swim Team. The goal of the program is to get kids ready for a swim team, Junior Lifeguard programs and/or water polo. Free Style, back stroke, butterfly and breast stroke are all taught and refined. Flip turns are introduced as well as dives and streamlined push-offs from the wall. Participants must be able to swim 25 yards freestyle with side breathing to qualify for Prep Team.

Reading & Writing Club: Extra time for your child to complete HW, read, draw or just relax!

Rock your Ruach: We'll celebrate each week learning about different Jewish holidays and culture through stories, songs, crafts and more! Led by Shlomit Jackson, AJCC's Jewish Educator.

Shabbat Club: Crafts, cooking, story time, and other fun activities to celebrate Shabbat and Jewish holidays.

World Music: In this chug with Mrs. Danziger we will explore music from around the world. From K-pop and Reggae to Israeli folk music and more we will explore the universal language of music.

Wii / Xbox Kinect: We'll exercise while having fun with all that Wii and Xbox Kinect has to offer!

Youth Swim Team: This is a competitive swim team, so all participants must tryout and be able to swim 25 yards with all 4 swim strokes. Membership in USA Swimming is required to compete in swim meets. Swim meet participation is optional, as swim meets have an added cost.