

Line Dance 1 - Beginner Basics Class

For newcomers or for those that want to come back to dance after taking some time off. We will teach all basic steps and basic dances not to exceed 32 steps.

Line Dance 2 - Beginner /Easy Intermediate Class

SOME EXPERIENCE HELPFUL.

The Line Dance 2 class is for the long-term beginners that want some new dances and a little challenge. We will teach more difficult combinations of steps. Dances are from 32-64 counts.

Line Dance 3 - Intermediate Class

SOME EXPERIENCE NECESSARY.

The intermediate class is for the somewhat experienced Line Dancer. Students in this class will be expected to memorize longer dances and be able to turn frequently (there will be options offered for those not comfortable with turns). Dances will usually have 32 counts and some may contain 48 or 64 counts maximum.

Line Dance Party - All levels

Join us for a line dancing party! It is designed for both the beginning line dancer and those with some line dance experience. This party will feature dances taught in the instructional classes, as well as requested popular dances.

This class features all dancing with minimal instruction. Refreshments will be served!

For information, please contact:

Fred Johnson
AJCC Fitness Manager

(562) 426-7601 x1056

or

Cindi Massengale
Class Instructor
cmassengale@alpertjcc.org

Register by fax at (562) 424-3915
or in person at the
AJCC Member Relations Courtesy
Desk



Alpert Jewish Community Center
3801 East Willow Street
Long Beach, CA 90815
(562) 426-7601
www.alpertjcc.org



Dance Mondays at the J!



Country Western
Line Dance
Classes



Mondays
Beginning

May 8, 2017 through
August 28, 2017



Country Western Line Dance



Registration

Classes meet on Six Mondays.

SERIES 1

(May 8, 15, 22, June 5, 19, 26)

6:30pm, Line Dance 2 - Beg. / Easy Int.
7:30pm, Line Dance 1 - Beg. Basics

SERIES 2

(July 10, 17, 24, 31, August 7, 14)

5:30pm, Line Dance 1 Beg. Basics
6:30pm, Line Dance 2 Beg. / Easy Int.
7:30pm, Line Dance 3 - Intermediate

Classes are 55 minutes each

\$65; \$50 MVP*

*Prices are per person, per 6 class series,
each time slot.

\$13; \$10 MVP*

Single Session, Drop in Rate

*Taught by AJCC Fitness Instructor
Cindi Massengale*



2 SINGLE NIGHT EVENTS

Line Dance Party - All levels

Monday, August 21: 6:30pm-8:30pm

Monday, August 28: 6:30pm-8:30pm

\$15; \$12 MVP - Per night

**CLASSES HELD IN STUHLBARG
LOUNGE**

For information regarding classes,
please contact Cindi Massengale
cmassengale@alpertjcc.org

Bring your cowboy boots (or other
leather soled shoes) for a stompin' good
time!

Great exercise, while having a good
time, and burning calories. No partner or
experience necessary.

Name: _____

Member #: _____

Phone #: _____

Series 1

6:30pm: ___\$65; ___\$50 MVP

7:30pm: ___\$65; ___\$50 MVP

*Prices are per person, per 6 class series

Series 2

5:30pm: ___\$65; ___\$50 MVP

6:30pm: ___\$65; ___\$50 MVP

7:30pm: ___\$65; ___\$50 MVP

*Prices are per person, per 6 class series

___\$15; ___\$12 MVP - Party- August 21

___\$15; ___\$12 MVP - Party- August 28

*Prices are per person, per night

Single Session: ___\$13; ___\$10 MVP

Date: _____ Time: _____

\$ Total: _____

Visa Mastercard Discover Check Cash

Account #: _____

Expires: _____

Signature: _____

NOTE: a signature is required as a condition of registration regardless of
method of payment.

For Office Use Only

Acct. number _____

Registered by _____ Date: _____