

### Line Dance 1 - Beginner Basics Class

For newcomers or for those that want to come back to dance after taking some time off. We will teach all basic steps and basic dances not to exceed 32 steps.

### Line Dance 2 - Beginner /Easy Intermediate Class

SOME EXPERIENCE HELPFUL.

The Line Dance 2 class is for the long-term beginners that want some new dances and a little challenge. We will teach more difficult combinations of steps. Dances are from 32-64 counts.

### Line Dance 3 - Intermediate Class

SOME EXPERIENCE NECESSARY.

The intermediate class is for the somewhat experienced Line Dancer. Students in this class will be expected to memorize longer dances and be able to turn frequently (there will be options offered for those not comfortable with turns). Dances will usually have 32 counts and some may contain 48 or 64 counts maximum.

### Line Dance Party - All levels

Join us for a line dancing party! It is designed for both the beginning line dancer and those with some line dance experience. This party will feature dances taught in the instructional classes, as well as requested popular dances.

This class features all dancing with minimal instruction.

Refreshments will be served!

For information, please contact:

Fred Johnson  
AJCC Fitness Manager

(562) 426-7601 x1056

or

Cindi Massengale  
Class Instructor  
cmassengale@alpertjcc.org

Register by fax at (562) 424-3915  
or in person at the  
AJCC Member Relations Courtesy  
Desk



**Alpert Jewish Community Center**  
**3801 East Willow Street**  
**Long Beach, CA 90815**  
**(562) 426-7601**  
**www.alpertjcc.org**



Dance Mondays at the J!



Country Western  
Line Dance  
Classes



Mondays  
Beginning

September 11, 2017  
through  
December 18, 2017



# Country Western Line Dance



## Registration

### Classes meet on Six Mondays.

#### SERIES 3

(September 11, 18, 25, October 2, 9, 16)

5:30pm, Line Dance 1 Beg. Basics  
6:30pm, Line Dance 2 Beg. / Easy Int.  
7:30pm, Line Dance 3 - Intermediate

#### SERIES 4

(November 6, 13, 20, 27, December 4, 11)

5:30pm, Line Dance 1 Beg. Basics  
6:30pm, Line Dance 2 Beg. / Easy Int.  
7:30pm, Line Dance 3 - Intermediate

Classes are 55 minutes each

\$65; \$50 MVP\*

\*Prices are per person, per 6 class series,  
each time slot.

\$13; \$10 MVP\*  
Single Session, Drop in Rate

*Taught by AJCC Fitness Instructor  
Cindi Massengale*



### 2 SINGLE NIGHT EVENTS

#### Line Dance Party - All levels

Monday, Oct. 23: 6:30pm-8:30pm  
Monday, Dec. 18: 6:30pm-8:30pm

\$15; \$12 MVP - Per night

**CLASSES HELD IN  
STUHLBARG LOUNGE  
(Room 61/62)**

For information regarding classes,  
please contact Cindi Massengale  
cmassengale@alpertjcc.org

Name: \_\_\_\_\_

Member #: \_\_\_\_\_

Phone #: \_\_\_\_\_

#### Series 3

5:30pm: \_\_\_\$65; \_\_\_\$50 MVP

6:30pm: \_\_\_\$65; \_\_\_\$50 MVP

7:30pm: \_\_\_\$65; \_\_\_\$50 MVP

\*Prices are per person, per 6 class series

#### Series 4

5:30pm: \_\_\_\$65; \_\_\_\$50 MVP

6:30pm: \_\_\_\$65; \_\_\_\$50 MVP

7:30pm: \_\_\_\$65; \_\_\_\$50 MVP

\*Prices are per person, per 6 class series

Single Session: \_\_\_\$13; \_\_\_\$10 MVP

Date: \_\_\_\_\_ Time: \_\_\_\_\_

\_\_\_\$15; \_\_\_\$12 MVP - Party - October 23

\_\_\_\$15; \_\_\_\$12 MVP - Party - December 18

\*Prices are per person, per night

\$ Total: \_\_\_\_\_

Visa  Mastercard  Discover  Check  Cash

Account #: \_\_\_\_\_

Expires: \_\_\_\_\_

Signature: \_\_\_\_\_

NOTE: a signature is required as a condition of registration regardless of method of payment.

For Office Use Only

Acct. number \_\_\_\_\_

Registered by \_\_\_\_\_ Date: \_\_\_\_\_

Bring your cowboy boots (or other  
leather soled shoes) for a stompin'  
good time!

Great exercise, while having a good  
time, and burning calories. No partner or  
experience necessary.