

Line Dance 1 - Beginner Basics Class

For newcomers or for those that want to come back to dance after taking some time off. We will teach all basic steps and basic dances not to exceed 32 steps.

Line Dance 2 - Beginner /Easy Intermediate Class

SOME EXPERIENCE HELPFUL.

The Line Dance 2 class is for the long-term beginners that want some new dances and a little challenge. We will teach more difficult combinations of steps. Dances are from 32-64 counts.

Line Dance 3 - Intermediate Class

SOME EXPERIENCE NECESSARY.

The intermediate class is for the somewhat experienced Line Dancer. Students in this class will be expected to memorize longer dances and be able to turn frequently (there will be options offered for those not comfortable with turns). Dances will usually have 32 counts and some may contain 48 or 64 counts maximum.

Line Dance Party - All levels

Join us for a line dancing party! It is designed for both the beginning line dancer and those with some line dance experience. This party will feature dances taught in the instructional classes. This class features all dancing with minimal instruction.

For information, please contact:
Fred Johnson
AJCC Membership Services Director

(562) 426-7601 x1035

or

Cindi Massengale

Class Instructor

cmassengale@alpertjcc.org

Register in person at the
Member Relations Courtesy Desk

Experience what

the AJCC has to offer:

- Heated Pools
- Basketball Courts
- Fitness & Wellness Center
- Group Fitness Classes
- Personal Training, and Boot Camps*
- Massage Therapy*
- And Much More

***Fee based programming**

Take a tour today and receive a free day pass

Contact:

Aaron Wiggs, Membership Admin. Assistant

562.426.7601 x1714
awiggs@alpertjcc.org

JANUARY MEMBERSHIP PROMOTION

\$1 Registration Fee (save \$149)
Get your first month's dues FREE

Alpert Jewish Community Center
3801 East Willow Street
Long Beach, CA 90815
(562) 426-7601
www.alpertjcc.org



**Beginning
January 8, 2018
through
April 9, 2018**



Country Western Line Dance



Registration

Classes held on Monday's

SERIES 5

(January 8, 15, 22, 29 February 5 and 12)

5:30pm, Line Dance 1 Beg. Basics
6:30pm, Line Dance 2 Beg./ Easy Int.
7:30pm, Line Dance 3 - Intermediate

SERIES 6

(March 5, 12, 19, 26, April 2 and 9)

5:30pm, Line Dance 1 Beg. Basics
6:30pm, Line Dance 2 Beg. / Easy Int.
7:30pm, Line Dance 3 - Intermediate

Classes are 55 minutes each

\$65; \$50 MVP*

Prices are per person, per 6 class series,
each time slot.

\$13; \$10 MVP*

Single Session, Drop in Rate

*Member Value Price

Taught by AJCC Fitness Instructor
Cindi Massengale



2 SINGLE NIGHT EVENTS

Line Dance Party - All levels

Monday, Feb. 26: 6:30pm-8:30pm
Monday, April 16: 6:30pm-8:30pm

\$15; \$12 MVP – Per night

**Purchase the entire series and receive \$5
off of the Line Dance Party!**

CLASSES HELD IN
STUHLBARG LOUNGE
(Room 61/62)

For information regarding classes,
please contact Cindi Massengale
cmassengale@alpertjcc.org

Name: _____

Member #: _____

Phone #: _____

Series 5

5:30pm: ___\$65; ___\$50 MVP

6:30pm: ___\$65; ___\$50 MVP

7:30pm: ___\$65; ___\$50 MVP

*Prices are per person, per 6 class series

Series 6

5:30pm: ___\$65; ___\$50 MVP

6:30pm: ___\$65; ___\$50 MVP

7:30pm: ___\$65; ___\$50 MVP

*Prices are per person, per 6 class series

Single Session: ___\$13; ___\$10 MVP

Date: _____ Time: _____

___\$15; ___\$12 MVP— Party— February 26

___\$15; ___\$12 MVP— Party— April 16

*Prices are per person, per night

\$ Total: _____

Visa Mastercard Discover Check Cash

Account #: _____

Expires: _____

Signature: _____

NOTE: a signature is required as a condition of registration regardless of
method of payment.

For Office Use Only

Acct. number _____

Registered by _____ Date: _____

Bring your cowboy boots (or other
leather soled shoes) for a
stompin' good time!

Great exercise, while having a good
time, and burning calories. No partner
or experience necessary.