

Upcoming Events

92Y Broadcast

Thursday, November 30 , 7pm

As part of a series of prerecorded broadcasts from NYC's 92nd St. Y.

Bridging the Divide: Rabbi Peter Rubenstein and Imam Talib. Rabbi Mark Goldfarb of Temple Beth Ohr will be leading the discussion after the showing of the broadcast. Free

Senior Thanksgiving Luncheon

Wednesday, November 22, noon.

\$6/\$7 non-members

Happiness & Humor Group

Friday, December 1, 11:30 am

Light refreshments will be served.

Contact Dr. Susan Mathieu, Senior Adult Coordinator, at x1721.

Vendor Fair

December 4-7 and 11-14

Women's clothing, jewelry, and much more.

Chanukah Celebration & Shabbat Dinner

Friday, December 15

In celebration of Chanukah! Kosher vegetarian dinner will be served.

\$10 adults/ 18 & under free.

Recipe for Potato Latkes

Ingredients

6 servings 102 cals per serving

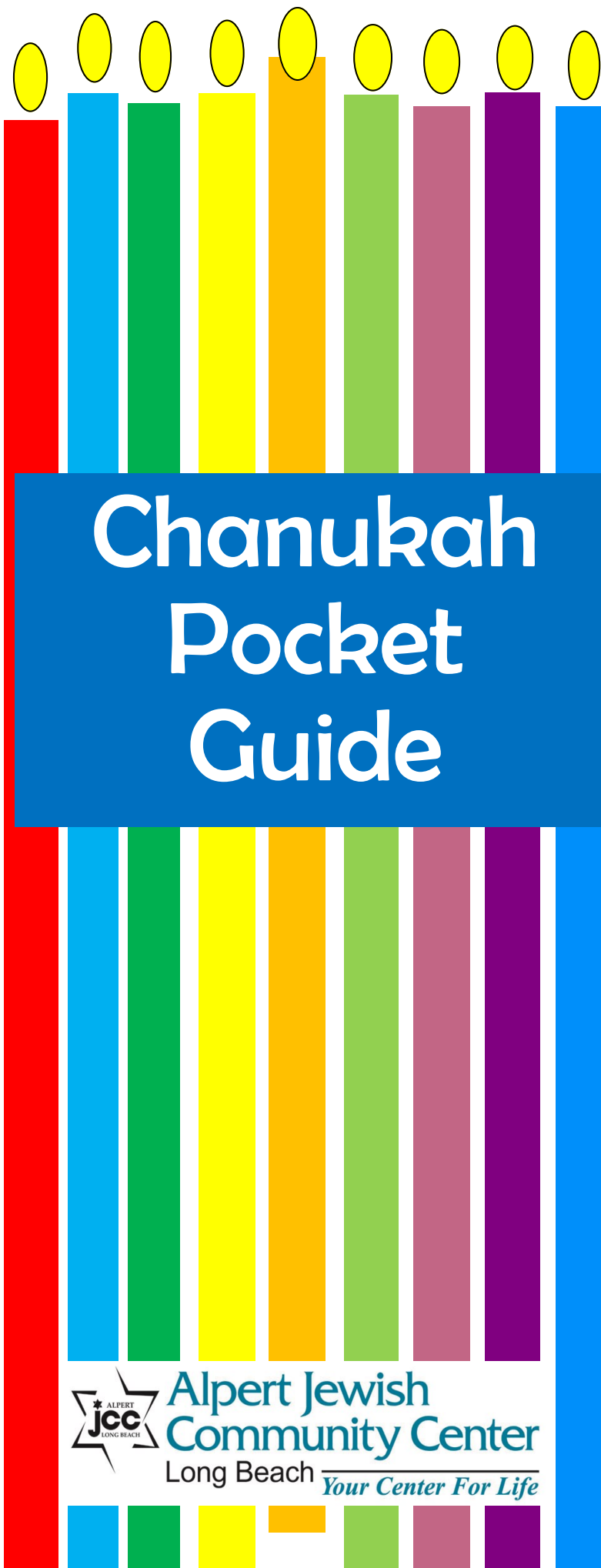
- 2 cups peeled and shredded potatoes
- 1 tablespoon grated onion
- 3 eggs, beaten
- 2 tablespoons all-purpose flour
- 1 1/2 teaspoons salt
- 1/2 cup peanut oil for frying
- Add all ingredients to list

Directions

1. Place the potatoes in a cheesecloth and wring, extracting as much moisture as possible.
2. In a medium bowl, stir the potatoes, onion, eggs, flour, and salt together. In a large heavy-bottomed skillet over medium-high heat, heat the oil until hot. Place large spoonfuls of the potato mixture into the hot oil, pressing down on them to form 1/4 to 1/2 inch thick patties. Brown on one side, turn and brown on the other. Let drain on paper towels. Serve hot!

Alpert Jewish Community Center

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Alpert Jewish
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Chanukah

What is it?

The word *Chanukah* means dedication. The holiday begins on the 25th day of the Hebrew month of Kislev and lasts eight days. It is a festival celebrating freedom and the victory of the Maccabees over the armies of Syria in 165 B.C.E. On Chanukah, the Temple that once stood in Jerusalem was rededicated after it had been destroyed.

How is it celebrated?

*We light a *chanukiyah* (menorah only used during this holiday). We light eight candles, and the ninth, or helper, candle is called the *shamash*.

*We eat food that's fried in oil: *latkes* (potato pancakes) and jelly-filled donuts called *sufganiyot*

*We also eat chocolate that's wrapped in gold foil called *gelt*

*We play with a *dreidel* (spin top). The letters on the dreidel stand for the words: A Great Miracle Happened There.

How to Play the Dreidel Game

Here a few simple rules of the games taken from *A Different Light: The Hanukkah Book of Celebration*

1. At the beginning of each round, every participant puts one game piece into the center "pot." In addition, every time the pot is empty or has only one game piece left, every player should put one in the pot.
2. Every time it's your turn, spin the dreidel once. Depending on the outcome, you give or get game pieces from the pot: **Nun** means "nisht" or "nothing" in Yiddish. The player does nothing. **Gimmel** means "gantz" or "everything" in Yiddish. The player gets everything in the pot. **Hay** means "halb" or "half" in Yiddish. The player gets half of the pot. (If there is an odd number of pieces in the pot, the player takes half of the total plus one.) **Shin** means "shtel" or "put in" in Yiddish. The player adds a game piece to the pot.
3. If you find that you have no game pieces left, you are either "out" or may ask a fellow player for a "loan." When one person has won everything, that round of the game is over!

Kislev Blessing

There are many activities that encourage you to spend time outside observing the moon and its phases. As you prepare to go outdoors, consider sharing the following blessing:

May the month of Kislev be a month of blessings:

blessings of goodness, blessings of joy,
peace and kindness, friendship and love,
creativity, strength, serenity,
fulfilling work and dignity,
satisfaction, success, sustenance
physical health and radiance.

May truth and justice guide our acts and compassion
temper our lives

that we may blossom as we age
and become our sweetest selves.

May it be so.

Blessing by Marcia Falk, *The Book of Blessings*

The Jewish Calendar is based on three astronomical phenomena: the rotation of the Earth about its axis (a day); the revolution of the moon about the Earth (a month); and the revolution of the Earth about the sun (a year). The lunar month on the Jewish calendar begins when the first sliver of moon becomes visible after the dark of the moon.

