

# Upcoming Events

## Zena & Pauline Gatov Gallery

September 7-October 20

The Art of Deanna Alevy

## Senior Outreach

Tuesday, September 19, 9:30am

Volunteers pack and deliver holiday baskets to skilled nursing facilities and homebound seniors. Contact Dr. Susan Mathieu, Senior Adult Coordinator, at x1721.

## Rosh Hashanah Holiday Table

Wednesday, September 20, 9am

Join us in the AJCC Promenade for apples and honey, which signify our wish for a sweet new year. Shanah Tovah!

## Senior Rosh Hashanah Luncheon

Wednesday, September 20, noon

The lunch is underwritten by the Teddy & Sam Roska Fund. Free

## Rosh Hashanah — AJCC Closed

Thursday, September 21

## 92Y Broadcast

Thursday, September 28, 7pm

As part of a series of prerecorded broadcasts from New York City's 92nd St. Y. *Lasting Effects: How the Six Day War Transformed the Middle East*. Free

## Coffee Talk with Rabbi Nancy Myers

Tuesday, October 3, 9:15am

Join us in the Sukkah for a discussion with the Rabbi from Temple Beth David.

## Sukkot Holiday Table

Wednesday, October 4, 9am

Join us in the Promenade for a treat!

## Happiness & Humor Group

Friday, October 6, 11:30 am

Led by Dr. Susan Mathieu.

## CSULB Jewish Studies Program

Monday, October 9, 7:30pm

Dr. Steven Spiegel on The Middle East and the Trump Administration.



# Sukkot and Simchat Torah Pocket Guide



The holiday of **Sukkot** marks the end of the fall harvest and reminds us of the Israelites wandering in the desert after the Exodus.

**Simchat Torah** literally means "Rejoicing of the Torah." It is a holiday that celebrates and marks the conclusion of the annual cycle of public *Torah* readings and the beginning of a new cycle.

Alpert Jewish Community Center  
3801 East Willow Street, Long Beach, CA 90815  
(562) 426-7601 [www.alpertjcc.org](http://www.alpertjcc.org)

 Alpert Jewish  
Community Center  
Long Beach *Your Center For Life*



## Sukkot

### What is Sukkot?

Sukkot (the festival of booths) is the fall harvest festival.

### When is Sukkot?

Sukkot begins five days after Yom Kippur and lasts for 8 days.

### How do I say it?

Soo-Kote

### How is it celebrated?

- Building a sukkah (booth) which is a temporary structure
- Decorating the sukkah
- Eating in the sukkah
- Shaking and saying blessings over the lulav, etrog, hadas, and aravah (the 4 species)
- Fulfilling the mitzvah of hospitality by inviting friends and family to your sukkah

### What is the holiday greeting?

Chag Sameach (ḤAG sah-MAY-ahkh)

### Dictionary:

Etrog: fruit of the citron tree

Lulav: palm frond

Hadas: leaves from the myrtle tree

Aravah: leaves from the willow tree



## Simchat Torah

### What is Simchat Torah?

We complete the annual cyclical reading of the Torah and begin the cycle again. This completion of the readings is a time of great celebration. There are processions around the synagogue. People carry the Torah scrolls and there is plenty of singing and dancing.

Children do not carry the scrolls (they are much too heavy!), but they often follow the procession around the synagogue, sometimes carrying small toy Torahs (stuffed plush toys or paper scrolls).

### When is Simchat Torah?

It is celebrated after Sukkot.

### How do I say it?

Simhat Torah (sĭm HĀT toe RAH)

### How is it celebrated?

- Attend services at synagogue
- Be happy and dance with the Torah
- Children can carry special flags with Jewish symbols on them

