

For information, please
contact:

Dr. Susan Mathieu
Senior Adult Coordinator
(562) 426-7601 ext. 1721
smathieu@alpertjcc.org

Senior Lunches

(Menu subject to change)

\$6 AJCC Members
\$7 Public

***PLEASE CALL
DR. SUSAN MATHIEU
IN ADVANCE FOR A VEGETARIAN
OR KOSHER MEAL***
***We want to meet your dietary
needs***



Alpert Jewish Community Center
3801 East Willow Street, Long Beach, CA
90815 (562) 426-7601 www.alpertjcc.org

Senior Shabbat Lunch

**Friday, August 24,
at 12pm**

Challah, juice, wine, and a
light lunch will be served.
There will be singing and a
short service led by Kelly
Cooper Perler. A great way
to celebrate Shabbat!

Please RSVP to Dr. Susan
Mathieu

**\$6 AJCC Members
\$7 Public**



**August 2018
Senior**



**at the
Alpert Jewish
Community
Center**

Happiness Humor Gro

Next Meetings: August 3

Meets the first Friday of every month.

This FREE ongoing group will help you find the positive side of life. All senior adults are invited, so bring your friends, and be ready to laugh!

Coffee and light refreshments will be served.

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August 1

Farmers Market Salad and
Seasonal Vegetables

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Spinach Ravioli

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Coffee & Tea

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Ice-Cream Sundae Bar

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Bingo & Prizes Galore

August 8

Box Lunch:
Sandwich, Chips, &
Outstanding Dessert

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SPECIAL PROGRAM
Mel Austin & Friends:
Juggler, Magician &
Comedian

August 15

Fresh Garden Salad with
Fruit

*

Fish & Chips

*

Assorted Desserts

*

Music by Moonglow

August 22

Seasonal Salad

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Beef & Broccoli

*

Veggie Fried Rice

*

Assorted Desserts

Coffee & Tea

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Entertainment TBD

August 29

Pizza

*

Fruit Bowl

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Birthday Cake & Ice-Cream

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Birthday Party and
Talent Show