

# REDISCOVER, RECONNECT.....VOLUNTEER!

Retired and Senior Volunteer Program of Greater Long Beach



## Strengthening Communities through Service

Your skills, experience, & time  
are an important asset;  
Use them, don't lose them.  
Meet new people while serving  
your community.

## How to RSVP

Contact us at:

**myrsvp@alpertjcc.org**  
**or call (562) 506-2801**

Proudly Sponsored by:  
Alpert Jewish Community Center,  
City of Long Beach &  
Corporation for National &  
Community Service



## WHY YOU SHOULD GET INVOLVED!

You have the energy and passion to make a difference. You now have a little more time and a lot more experience to give. RSVP can introduce you to organizations that need your enthusiasm and experience. We offer you:

- Opportunities to put your skills & experience to work for the community
- A connection with people who want to make a difference
- Free portal to portal insurance for your protection
- Reimbursement for travel expenses
- Recognition for a job well done

## RESPOND TODAY, IF YOU PLEASE...TO RSVP

RSVP connects individuals over 55 to a wide range of local volunteer options that make a difference both to our community and to the volunteer. RSVP:

- Values your skills, experience, energy, and time
- Works with you to find appropriate service opportunities
- Supports the work of local nonprofits by finding and placing active, engaged volunteers.

## WHAT IS RSVP?

We are a part of the national organization that recruits and connects Greater Long Beach residents 55 years of age and over with volunteer opportunities that strengthen our community. We are unique because we focus on you, the volunteer. We work with you in determining where best you can apply your experiences, learn new skills, address important local needs, and have opportunities to meet new people. Here are some RSVP volunteer options:

- Work to preserve history through oral history assignments
- Provide assistance to local fire and police departments
- Support local arts, history and culture
- Address community needs while serving a diverse population.

## WHY VOLUNTEER?

Your reasons for volunteering are unique to you. You may care deeply about community involvement and helping others, or you may volunteer to meet new people. You may want to try new things and put your skills to use in a new way. Research shows that volunteers benefit by living longer and enjoying a higher quality of life. The most important reason that people volunteer is because someone asked them. We are asking **YOU** to serve.