



Contact RSVP to find a partnership that best meets your interests!

We are your first step to a fulfilling volunteer experience in Long Beach.

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Helping the Homebound

Meals on Wheels is dedicated to the in-home nourishment of ill, disabled and elderly homebound residents in the cities of Long Beach and Signal Hill. Their goal is to keep participants well fed and independent in their own homes for as long as possible. Meals on wheels have locations in East, North, and Downtown Long Beach.

Food Finders is an organization dedicated to feeding the hungry, as volunteers pick up and deliver food that has been donated. The food is delivered to service agencies such as homes for battered women and children, alcohol and drug recovery centers, pregnancy centers, senior centers, hospice, family shelters, etc.

Become an Ambassador

Long Beach Fire Ambassadors provide fire safety information to the public and support the “Spark of Love” toy drive. Ambassadors also provide education to seniors in the community and children at Long Beach Unified School District Elementary Schools.

Long Beach Senior Police Partners (SPP) are liaisons between the older adults of the community and the police department. SPP’s provides victim support and referrals to agencies, monitor handicap violations and participate in community events.

Friendly Visitor Programs

What are Friendly Visitor Programs?

These are programs where volunteers are matched with homebound older adults for weekly hour-long home visits to provide socialization and reduce feelings of isolation.

RSVP Partners with many agencies offering Friendly Visitor Programs.

- **Jewish Family & Children’s Services**
- Pathways Volunteer Hospice
- SCAN’s Volunteer Action for Aging
- Haven Health

Education and Mentoring

Operation Jump Start is a mentoring program that allows for an older adult to mentor a child of high school age. The commitment starts with one year but can continue for as long as you like. Make a difference in someone's life by volunteering an hour or two a month.

Long Beach Day Nursery is seeking senior volunteers to act as classroom aides to provide individual and small group instruction to enrich the learning experiences of children ages 2-5.

Veterans/Military

SS Lane Victory is a WWII Era Merchant Marine Ship docked in San Pedro. It serves as a living museum for military and maritime buffs alike! It's also a place where veterans come to volunteer and reconnect to their service and others like them. SS Lane Victory is looking for volunteers to assist with:

- Gangway Office – Greeting visitors, taking money, providing information
- Operations Office – Phone calls, mailings, gift store, general office duties

High-Skilled Volunteer Positions

Help Me Help You is an organization that connects low-income and/or homeless residents of Long Beach with Federal or County services, such as Social Security and CalFresh (food stamps).

- Currently, Help Me Help You is growing exponentially and is seeking a volunteer with **Non-Profit and Grants Management Experience** to act as an advisor

WISE and Healthy Aging Ombudsman Program is seeking volunteers to serve at least 16hrs/month! As an ombudsman your duties primarily revolve around Long-term Care facilities and their residents and may include:

- Advocacy by voicing residents' concerns to a facility's administration.
- Investigation of complaints made by or on behalf of residents.
- Informal conflict resolution to help parties involved reach agreements and settle conflicts, with the resident's satisfaction as the main focus.
- Elder abuse investigation. Ombudsmen are trained to investigate and report suspected cases of elder and dependent adult abuse in long-term care facilities.

Aquarium of the Pacific is seeking a variety of volunteers to help make their facility run! Be an Exhibit Interpreter, Animal Care Volunteer, Exhibit Diver, Horticulturalist, and Guest Services Volunteer!

THANK YOU FOR YOUR SERVICE!!